

● 1300 309 675
workandtraining.com.au

RTO code: 1126



CHC33021 Certificate III in Individual Support (Ageing)

This qualification reflects the role of individuals in the community, home or residential care setting who work under supervision and delegation as a part of a multi-disciplinary team, following an individualised plan to provide personcentered support to people who may require support due to ageing.

This program is aimed at those who are currently seeking employment in the Aged Care sector and includes a supported work experience component. Please give your nearest Work & Training office a call to assess your suitability.

Course Schedule

Duration: 23 Weeks (including compulsory 4-weeks work placement)

Date: 14th January 2026 - 19th June 2026

Class Time: 9.00am – 2.30pm

Format: 3 days per week in class
(Wednesdays, Thursdays & Fridays)

Venue: Work & Training, 26 Elizabeth Street, Launceston

Cost: *Free - there is no cost for eligible participants. This training is subsidised by the Department of State Growth, Tasmania. Funded places are limited, subject to eligibility.

For more information

Contact:

Work & Training on 6336 0764
to register your interest

Location:

Work & Training,
26 Elizabeth Street, Launceston

We are based in three convenient locations around Tasmania.

Hobart

1 Bowen Rd
PO Box 447
Moonah TAS 7009

Launceston

26 Elizabeth St
PO Box 5500
Launceston TAS 7250

Devonport

56 Oldaker St
Devonport TAS 7310



Course Information

Training will be delivered by one of our professional trainers with extensive industry experience. The training utilises materials such as power point presentations, paper based resources, current industry workbooks and practical tasks.

Assessments will be conducted using work placement diaries, knowledge, case studies, observation and competency conversation assessment tools.

This program is nationally recognised and on successful completion you will be awarded with the qualification:

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For information around refunds, LLN issues, available support services, possible government subsidies, and all other relevant information, please refer to our student guide handbook – which is located on our website, or can be made available on request.

Course Content

On completion of the course, participants will be able to demonstrate the practical skills and knowledge regarding:

- Activities of daily living
- Dementia
- Person centered approaches
- Documentation and reporting
- Work, Health & Safety including Infection Control, Manual Handling and Fire Safety
- Palliative Approach and Grief & Loss
- Dignity, maintaining independence, and health & wellbeing

Units of Competency

CHCAGE013	Work effectively in aged care
CHCLEG001	Work legally and ethically
HLTWHS002	Follow safe work practices for direct client care
HLTINF006	Apply basic principles and practices of infection prevention and control
CHCCCS031	Provide individualised support
CHCDIV001	Work with diverse people
CHCAGE011	Provide support to people living with dementia
CHCCCS040	Support independence and wellbeing
CHCCCS038	Facilitate the empowerment of people receiving support
CHCCOM005	Communicate and work in health or community services
CHCCCS041	Recognise healthy body systems
CHCPAL003	Deliver care services using a palliative approach
CHCCCS001	Address the needs of people with chronic diseases
CHCAGE007	Recognise and report risk of falls
CHCMHS001	Work with people with mental health issues

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