1300 309 675
workandtraining.com.au
RTO Code: 1126

work & TRAINING intowork

First Aid Course

Overview

This first aid course is nationally recognised and will provide you with the skills and knowledge to respond to a range of first aid situations. The course will cover topics such as providing CPR, using an AED, and managing anaphylaxis and asthma. Students will be assessed using a blended approach of online knowledge questions and practical assessment tools.

Entry Requirements

You are required to show identification at the start of the course.

Duration: 1 Day (1/2 day CPR refresh)

Venue: Work & Training - 56 Oldaker Street, Devonport

Date: 27th Nov 2026 | **Time:** 09:00 - 15:00

Cost: $195 ($95 for CPR refresher)

Fees to be paid in full prior to course commencement.

Contact us to register your interest

Kelly
E: info@workandtraining.com.au
Ph: 1300 309 675

Course information

Training will be delivered by one of our professional trainers with extensive industry experience.

The training utilises materials such as PowerPoint presentations, practical tasks, and current industry workbooks.

Assessments will be conducted using a blended approach of online knowledge questions as well as practical assessment tools.

Students are required to complete online, theoretical questions before the day of the practical class.

This program is nationally recognised, and at successful completion of the program you will receive a Statement of Attainment for:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID010 Provide basic emergency life support
- HLTAID011 Provide first aid

For information around refunds, LLN issues, available support services, possible government subsidies, and all other relevant information, please refer to our student guide handbook – which is located on our website, or can be made available on request.

Course content

On completion of the course, participants will be able to demonstrate the practical skills and knowledge regarding:

- Providing a first aid response in a range of situations, including community and workplace settings
- Introduction to first aid
- Essential first aid
- The DRSABCD action plan and emergency response
- Legal issues in first aid
- Trauma
- Medical emergencies
- Use of automated external defibrillators (AED)
- Cardiopulmonary resuscitation (CPR)
- Management of anaphylaxis and asthma

Work & Training is Tasmania's largest not-for-profit registered training organisation (RTO). Our primary goal is to be the provider of choice for training services in Tasmania – for employers and individuals alike.

We are based in all three Tasmanian regions with offices and specialist training facilities in Devonport, Hobart and Launceston. Our trainers are industry experts with many years of experience in their respective fields combined with strong industry knowledge and relationships.

We are based in three convenient locations around Tasmania.

Hobart

1 Bowen Rd
PO Box 447
Moonah TAS 7009

Launceston

26 Elizabeth St
PO Box 5500
Launceston TAS 7250

Devonport

56 Oldaker St
Devonport TAS 7310